Relieving Principal’s Message

Last Wednesday saw another fantastic swimming carnival for Menai High School. The weather was fantastic and we had a huge number of participants, so much so that the carnival was extended to cater for all the athletes. Throughout the day we had some amazing achievements with no less than 10 records being broken with Sarah Siqueira breaking 4 records (a number of which had stood for 20+ years), Adam Derwent 2 records and Rebecca Selmon, the Bradman 15 Years Girls, Hewitt 16 Years Girls and Freeman 16 Years Boys Relay teams all breaking past records.

The day also saw a huge number of Year 12 students colourfully dressed and getting into the spirit of the carnival. Year 12’s involvement in the carnival is always greatly appreciated as it always helps to motivate the younger students to be involved.

I would particularly like to mention the Year 12 students who were involved all day at the carnival they were: Tiffany Fung, Jessica Braden, Caitlin Brown, Jacob Matalio, Brianna Griffin, Kris Iverach, Deeyara Pillay, Elizabeth Golikova, Monica Monir, Greta Cassady, Isabella Roife, Jayden Locaputo-Panagis, Oatley Lam, Nathan Tang and Tahnee Hallworth. It was a fantastic day and final carnival for Year 12 and Mrs Hatzhi and Mr Meagher were truly proud of Year 12 students.

A number of students excelled on the day and through their efforts have achieved the award of Age Champion. The following students are to be congratulated: Rebecca Selmon (12 Years Girls), Jack Bescaya (12 Years Boys), Paige Cooper (13 Years Girls), Adam Derwent (13 Years Boys), Mia Enright-Bullock (14 Years Girls), Matthew Chandler (14 Years Boys), Sarah Siqueira (15 Years Girls), Jack Boyling (15 Years Boys), Jessica Tibbits (16 Years Girls), Jayden Grey (16 Years Boys), Alysha Haines (17 Years Girls) and Cameron Murden (17 Years Boys). A big congratulations goes out to competitors from BRADMAN House as they are the 2015 Swimming Carnival House Champions. Bradman House were well led by their House Captains Brendon Cole and Nicole Besz.

Thank you to Mr Newman for the excellent organisation and implementation of the day, to the students for the display of excellent behaviour and enthusiasm in participating or cheering. To the staff who ensured the day was managed efficiently and for the first time in a number of years, won the Staff vs Students relay. Well done Mr Colella, Mr Phease, Mrs Basford and Mr Wilson. This was a great day and a great event. I would also like to acknowledge the wonderful band of parents that came to support their children and the school. It is great to share such a great day with our parents.

Last week’s P&C and School Council had a combined presentation from Headspace which addressed issues of Mental Health and strategies of coping with exams and homework particularly relating to senior students. Mrs Hatzhi also presented an awareness session on the school Ediary and coping with exams and homework particularly relating to senior students. Headspace which addressed issues of Mental Health and strategies of coping with exams and homework particularly relating to senior students.

Our Year 11 students have started to gain an understanding of assessment requirements by working in a seminar last week and looking for information in both the Assessment Book and Assessment Schedules. They worked in groups to complete a quiz to demonstrate their knowledge and understanding. All students are expected to complete this activity and we will be following up on any students who are yet to complete the quiz. We are also chasing a few students who are yet to complete All My Own Work (AMOW) from Year 10. This is a Board of Studies requirement and students cannot be entered into the Preliminary Course without completion of AMOW.

Year 11 Change of Course

Year 11 students will also be given an opportunity to change their pattern of study this week. The changes will take place on Thursday 19th February during sport time in the library. Changes can only occur if there are places available in a class. Students are asked to think very carefully about their selections as this is the final opportunity that they’ll have to change. If any students are finding their current pattern of study too difficult and would like to reassess, this meeting is the time to sit with a Head Teacher to talk about possible options for courses and future pathways.

All Year 11 changes are to be completed by the end of Week 4.

Year 8 & 9 Change of Electives

Year 8 and 9 students will be given the opportunity to change electives in the following two weeks.

N Vickery

IMPORTANT DATES & COMING EVENTS

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<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Details</th>
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<tr>
<td>Wednesday 18/2</td>
<td>Year 11 &amp; Year 10 Assessment Information Night 6pm</td>
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<tr>
<td>Friday 27/2</td>
<td>Year 7 Orientation Dinner</td>
<td>School Photos</td>
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<td>Tuesday 3/3</td>
<td>Open Night 6pm</td>
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<td>Wednesday 4/3</td>
<td>Ritsumei Moriyama HS Visit until 13/3/15</td>
<td>Vaccinations—Years 7.11 &amp; 12; School Council &amp; P&amp;C Meetings World’s Greatest Shave</td>
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<tr>
<td>Wednesday 4/3</td>
<td>Monday 9/3</td>
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<td>Friday 13/3</td>
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Welfare News!

Good News
Ms Hamilton would like to say well done to 7N History class for settling in well to high school and sharing valuable opinions in History discussions. She would also like to acknowledge her 9M4 class for making a fantastic start to the year, showing maturity, commitment and diligence.

Year 7
Camp is coming up. The Year 7 camp is a fantastic way for Year 7 students to meet other people from their cohort outside of the classroom. We are hoping that all Year 7 will attend this so that they can build a wide network of friends and build a strong relationship with their Year Advisers Mrs Basford and Mr Colella. If you would like to know more or have any enquiries about the camp, please contact the Year 7 Advisers.

The Year 7 Orientation Dinner will be held on Friday 27th February. We encourage all of our Year 7 parents to attend so they can meet staff and other parents in a relaxed environment.

Vaccinations
Year 7 have been issued with vaccination forms. Parents are encouraged to read all the information and fill in the forms, especially the signature, Medicare number and tick the boxes of the vaccinations you would like your child to receive. Year 7 are offered the HPV vaccine, Diptheria, Tetnus, Pertussis (whooping cough) vaccination and Chicken Pox vaccination. These are spread out throughout the year.

Students were asked to return consent forms to their roll call teachers by Friday 13 February. If you have not filled this in and you would like your child to receive their vaccinations at school for free please return the consent form as soon as possible.

Year 11 and 12 students have also been given the opportunity to have a booster measles, mumps, rubella vaccination this year. While students were asked to hand their forms in by Wednesday 4 February, they can still hand them in. Any late consent forms will be given to the nurses on their first visit and students will receive the vaccination when the nurses return later in the year.

Catch up vaccinations will also occur for any student in Year 8 that missed a dose in Year 7. Any male student in Year 10 who missed a dose of the HPV vaccine last year must go to their local doctor to complete the course.

Any student in Year 7, 11 or 12 who has not received a vaccination package should see me (Ms Mazoudier) in the welfare office.

The first round of vaccinations will occur on Monday 9 March.

Y Mazoudier, Head Teacher Welfare

School Photos
School Photos will be taken on Tuesday 3rd March. Students will receive their order forms during Roll Call soon. Students are to return their completed order form and payment directly to the photographer when they have their photo taken. If paying by cash please ensure the correct money is enclosed as no change will be given and there will be no change available at the office. Full school uniform must be worn.

N Lewry, Head Teacher, Admin

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eDiary
As many of you will be aware, we have refined our eDiary for 2015 and it is fully implemented for Years 8-12. Most of Year 7 was signed up throughout Week 3 and the rest will join the eDiary throughout early Week 4.

If you have not yet registered, please email us at the school on menai-h.school@det.nsw.edu.au with the following information:

Email, First Name, Last Name, Child’s Name, Child’s Year Group

You will be sent an invitation; just follow the prompts to join! To view a comprehensive list of your child’s homework, you should click on their name on your eDiary homepage. Attached to this newsletter is a ‘quick guide’ for your information.

Please contact Mr Chiswell on the school email if your eDiary is not working properly or you have registered but have not received your email invitation. Also feel free to contact Mrs Hatzi if you have any questions/concerns.

The E-Diary Team

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Year 7
Orientation Dinner
Friday 27th February, 2015
School Hall—7.00pm

We invite all of Year 7 and their parents to join staff at this great night of entertainment, motivation and friendship.

A full buffet meal is provided for a cost of only $27.50 per head organised by our P&C Association. Students, parents and staff will be entertained by students from our Performing Arts department and students will speak about their experiences at Menai High.

This is a great opportunity to meet teachers and the families of other students in Year Seven. We hope this event will once again provide valuable motivation for our 2015 Year 7 families.

E Sayed-Rich, Deputy Principal

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N Lewry, Head Teacher, Admin

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Second Hand Uniform Shop
The Second Hand Uniform Shop will operate on Tuesdays from 8.30-9.00am

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Senior Seminar Program Schedule—Week 4, Term 1, 2015

| Monday, Period 3 | 2 Unit Maths, Economics |
| Tuesday, Period 3 | General Maths, Dance, Ancient History |
| Wednesday, Period 3 | Biology, Ext 1 Maths |
MyEDiary Quick Start Guide for Parents

**eDiary To-Dos**

- Confirms your account by clicking on the link in the email invitation.
- View your child’s timetable and homework reports.
- Update your homework reporting preferences.
- Bookmark your eDiary after you’ve signed up & make sure you can access it with your chosen password.
- Watch intro video at www.myediary.com.au

**eDiary Features**

- View homework assigned by your child’s teachers.
- Keep track of upcoming school/college events.

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**Check out your new eDiary**

- View your child’s timetable.
- View homework assigned by your child’s teachers.
- View school/college events.
- Communicate with your child’s teachers.
- Personalise preferences for homework reports.

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💡 **Tips**

- Click the stay signed-in button on the sign-in page.
- Bookmark your eDiary or add to your iPad home screen.
- Use Google Chrome or Safari browsers whenever possible.

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To get back to your eDiary, simply type in the URL provided by your school/college or go to www.myediary.com.au and click on the 'Sign In' button at the top of the page.

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For more information, scan the QR code or go to http://help.myediary.com.au and click on Manuals to access the Parent’s eDiary Manual.
World’s Greatest Shave

Today, 31 Australians will be given the devastating news that they have leukaemia, lymphoma, myeloma or a related blood disorder. That’s more than 12,000 people in 2015. To help with the effort to find a cure for these diseases students and teachers at Menai High will be taking part in “Shave for a Cure” on the 13th of March. The day will be run by Year 10 students and will involve spray colouring hair for a gold coin donation as well as shaving the heads of our brave student volunteers. If your child would like to shave their head on the day, they will need to return a signed permission slip from parents. Permission notes can be collected from and returned to Miss Blaylock. Our goal this year is to raise $1000. If you would like to help us reach this goal you can sponsor us at http://my.leukaemiafoundation.org.au/menaihigh

K Blaylock, Year 10 Adviser

Affordable Education Courses
Held at our Hurstville & Jannali Centres

All classes taught by professional teachers

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<tr>
<th>Years</th>
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<tr>
<td>7-10</td>
<td>English - spelling, grammar and punctuation</td>
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<td>Essay Writing Skills</td>
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<td>Maths</td>
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<td>Specialist HSC Classes</td>
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<td>English Coaching</td>
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<td>Cover Letter &amp; Resume Writing</td>
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For more details please ring
St. George & Sutherland Community College
Tel: 9528-3344 or visit our website
www.sgccc.edu.au

Free Graduated Licensing Scheme Workshops for Learner Driver Parents in the Sutherland Shire

Young drivers are three times more likely to be involved in casualty crashes. That’s why the Roads and Maritime Services has introduced a new licensing scheme, with more supervised driving practice for learner drivers.

To help parents in supervising learner drivers, the Roads and Maritime Services has set up a FREE 2 hour workshop for parents that offers practical advice on how to help learner drivers become safer drivers.

A FREE parents’ workshop will be conducted by David Riches and hosted by Sutherland Shire Council on Wednesday March 11at Sutherland Shire Council Offices in Eton Street from 7.00 pm – 9.00 pm.

Early bookings are essential, by phoning Council on 9710 0341 now to reserve your place, or email mstuart@ssc.nsw.gov.au

Explore The WORLD With WEP

Your Local Info Session

WEP

North Sydney

Stanton Library

041446 Street

North Sydney NSW 2060

1-4pm - 8pm

See our website for more details.

World of English Program

K Blaylock, Year 10 Adviser

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